

# Queensland Race Walking Club Inc.

*Building on a fine tradition of race walking, 68 years in the making.*



February 8<sup>th</sup> 2024

## **Heather Carr OAM Recognised for her service to and achievements in athletics**



### **Congratulations to Heather Carr on receiving an Order of Australia (OAM) for service to athletics**

Heather has been a member of Glenhuntly Athletic Club since 2015 and is one of our top-scorers at summer AVSL competition. Although race walking is Heather's first passion, she is very talented across a range of events, and she holds numerous age-group Glenhuntly Athletic Club records from the 60 m sprint to the 2,000 m steeplechase through to the javelin, the discus and many more.

Heather started race walking in 1987, and her excellence in this discipline resulted in a National and a World record within her first two years of racing. As she has progressed through the age groups Heather has continued her record-breaking success. In recognition of her achievements, Heather had the honour of being the Australian flag bearer at the 1997 Durban and 2013 Porto Alegre World Veterans/ Masters Championships. Heather's dedication to athletics has also seen her fulfil many administrative roles, especially within the Victorian Race Walking fraternity. Heather is a fierce competitor who continually strives to

improve while inspiring and encouraging her fellow athletes, from the young beginners to her peers.

## **Highlights**

### ***Australian Masters Athletics***

- Oceania Women's Representative, World Masters Athletics Women's Committee since 2018
- Inductee, Hall of Fame, since 2015
- Flag Bearer, World Masters Championships, 1999, 2013
- Competitor, since 1987

### ***Victorian Race Walking Club***

- Committee member, since 2001
- Women's Club Captain, current
- Club Uniforms Officer, 2006
- Assistant Secretary and Treasurer, 1998-99
- Club Captain, 1990-91
- Life Member, since 2017
- Member, since 1987
- Honouree, Perpetual Heather Carr Trophy, Masters Women 10 km

### ***Regional and club roles***

- Secretary, Southern Peninsula Masters Athletics, 1998-2021
- Committee Member, Victorian Masters Athletics, 2002-2004
- Member, Glenhuntly Athletic Club, since 2015
- Life Member, Rosebud Little Athletics, since 1993
- Past Member, Eaglehawk Athletic Club

### ***Awards and recognition include:***

- Walks Athlete of the Year, Australian masters Athletics, 2009, 2016, 2018, 2019, 2020
- World Masters Athletics Best Master of the Year, Racewalks Category, 2017, 2019
- Most Outstanding Female Athlete of the Year, Australian Masters Athletics, 2010
- Various World Records, World Masters Championships and Oceania Masters Championships

[Source: Glenhuntly Athletic Club – Latest News](#)

Congratulation Heather on your well deserved award from all the members of the Queensland Race Walking Club where you are always a welcome visitor.

## **RESULTS RESULTS RESULTS**

### **QA Shield Meet**

#### **QSAC Saturday February 3<sup>rd</sup>**

Some sensational results in the walk events at the QA Shield meet on Saturday night. Baily Housden and Sam McCure both recorded huge personal bests and both athletes broke the twelve-minute barrier. Bailey was further rewarded by breaking the State U18 3,000 metres record.

#### **Women 3000 Metre Race Walk Open**

- 1 Williams, Lyla 07 Kingscliff Athletics 14:45.41
- 2 Bergh, Mia 05 Gold Coast Victory 15:04.54
- 3 Sharpe, Milly 08 Gladstone Athletics Club 15:13.68
- 4 Chadwick, Phoebe 06 Qld Race Walking Club 17:32.44
- 5 Morris, Taylah 07 Gold Coast Victory 17:49.70
- 6 Dunleavy, Savannah 12 Qld Race Walking Club 18:05.31
- 7 Waterman, Kiara 11 Qld Race Walking Club 18:26.66
- 8 Kelly, Eliza 10 Qld Race Walking Club 18:26.67
- 9 Flahey, Natasha 09 Qld Race Walking Club 19:55.87

10 McRoberts, Jasmine-Rose 02 University of Queensland 20:45.87

--- McDonald, Mikaela 10 Qld Race Walking Club DQ

### **Men 3000 Metre Race Walk Open**

1 Housden, Bailey 07 Qld Race Walking Club 11:25.70

2 McCure, Sam 06 Qld Race Walking Club 11:59.25

3 Cooke, Noah 10 Qld Race Walking Club 15:00.94

4 Patterson, Adam 72 Qld Race Walking Club 16:00.93

5 Melinz, Eli 10 Noosa Athletics Club 18:12.63

### **Women 5000 Metre Race Walk Open**

--- Boulton, Olivia 09 Gold Coast Athletics DQ

### **Men 5000 Metre Race Walk Open**

1 Dale, Kai 08 Qld Race Walking Club 27:37.68

## **QMA Brisbane Saturday February 3<sup>rd</sup>**

### **QSAC Main Track**

#### **3000 Metre Race Walk**

McKinven, Noela 26:06.60 (16:09.57 72.23%)

Jimenez Solis, Ignacio 15:21.57 (13:18.45 81.05%)

Bennett, Peter 19:09.24 (15:06.07 71.42%)

Sela, Patrick 26:50.13 (17:51.87 60.37%)

#### **1500 Metre Race Walk**

McKinven, Noela 13:07.60

Bennett, Peter 9:15.22

The **Redlands Little Athletics Carnival** was held recently with some of Tour clubs members in the winners circle .

U10 Izzy Blackburn 1100mW

U11 Amelia Chisholm 1100mW

U12 Isabella Welch 1500mW

U16 Kai Dale 1500mW

U17 Taylah Morris 1500mW



# Australian 20km & Under Age Race Walking Championships War Memorial Drive, Adelaide February 11<sup>th</sup> 2024

All the best to our highly talented and committed athletes going to Adelaide to compete in the AA Road Walk Championships on Sunday.

## Queenslanders

Alex Bradley U20 10km Race Walk  
Bailey Housden U20 10km Race Walk  
Isabella Welch U14 3km Race Walk  
Kirstin Shaw 20km Race Walk  
Mia Bergh U20 10km Race Walk  
Milly Sharpe U18 5km Race Walk  
Sam McCure U20 10km Race Walk  
Tayla Billington 20km Race Walk  
Tayah Morris U18 5km Race Walk

## Programme

7:00 AM	20km Race Walk	Men Senior
7:00 AM	20km Race Walk	Women Senior
7:15 AM	10km Race Walk	Men U20
7:15 AM	10km Race Walk	Women U20
7:45 AM	5km Race Walk	Boys U16
7:45 AM	5km Race Walk	Boys U18
7:45 AM	5km Race Walk	Girls U16
7:45 AM	5km Race Walk	Girls U18
8:00 AM	3km Race Walk	Boys U14
8:00 AM	3km Race Walk	Girls U14

## Race Entries

### 20km Race Walk Men

Dylan RICHARDSON NSW  
Evan DUNFEE CAN  
Carl GIBBONS NSW  
Rhydian COWLEY VIC  
Will THOMPSON VIC  
Kim MOTTROM SA  
Leo KÖPP GER  
Tristan CAMILLERI SA  
Mitchell BAKER ACT  
Geromi TUCKER VIC  
Fraser SAUNDER VIC  
Chun Hung TSE HKG  
Timothy FRASER ACT  
Alejandro STEPHENS VIC  
Marius ŽIŪKAS LTU  
Edmund SIM SGP  
Artur MASTIANICA LTU  
Jack MCGINNISKIN NSW  
Kyle SWAN VIC  
Corey DICKSON VIC

## **20km Race Walk Women**

Laura LANGLEY NZL  
Sandra ARENAS COL  
Olivia SANDERY SA  
Antigoni NTRISMPIOTI GRE  
Rebecca HENDERSON VIC  
Priyanka GOSWAMI IND  
Bridget BELL NSW  
Samantha FINDLAY SA  
Clémence BERETTA FRA  
Allanah PITCHER NSW  
Elizabeth MCMILLEN NSW  
Alanna PEART VIC  
Hong LIU CHN  
Brigita VIRBALYTĖ-DIMŠIENĖ LTU  
Austeja KAVALIAUSKAITE LTU  
Char HAY VIC  
Jemima MONTAG VIC

**Kirstin SHAW QLD**

**Tayla BILLINGTON QLD**

Hannah BOLTON NSW  
Arnika NELSON NZL  
Kelly RUDDICK VIC  
Hannah MISON NSW  
Kate SIVIOUR VIC

## **10km Race Walk Men • U20**

Riley COUGHLAN VIC  
John RONAN WA  
Kodi CLARKSON ACT  
Owen TOYNE ACT  
Marcus WAKIM VIC

**Bailey HOUSDEN QLD**

Will BOTTLE SA  
Isaac BEACROFT NSW

**Alex BRADLEY QLD**

**Sam MCCURE QLD**

## **10km Race Walk Women • U20**

Zoe WOODS NSW  
Hana JUGOVIC ACT  
Jasmine CRABB SA  
Chelsea ROBERTS NSW  
Alexandra GRIFFIN WA  
Sienna PITCHER NSW  
Maddison NASH VIC  
Daisy BRAITHWAITE SA

**Mia BERGH QLD**

## **3km Race Walk Women • U14**

Adele WOODWARD TAS

**Isabella WELCH QLD**

## **5km Race Walk Men • U18**

Samuel LINDSAY TAS  
Alexander SINNETT NSW  
Sebastian RICHARDS SA  
Oliver MORGAN TAS  
Cooper RECH SA

## **5km Race Walk Women • U16**

Matilda RECH SA

## **5km Race Walk Women • U18**

Angelina LEGRAND SA

Kaytee BOGAERS WA

Grace BECK NSW

Katie DE RUVO SA

Taylah MORRIS QLD

Elise SCOTT SA

Milly SHARPE QLD

## **ALSO, THIS WEEK**

### **Saturday February 10<sup>th</sup>**

#### **QMA State Championships**

8.10 3000metres walk championships

9.40 1500m Run/Walk non championship race

For those QMA members who did not enter on line a reminder that if entering at the track on Saturday, entries close at 7.30am.

## **COMING UP**

### **DANE BIRD-SMITH SHIELD & QLD 10,000M RACE WALKING CHAMPIONSHIPS**

**FEBRUARY 17<sup>TH</sup> QSAC Main Stadium**

**Closing Date: Friday 16/02/2024 at 9:00am**

[Queensland Athletics \(qldathletics.org.au\)](http://Queensland Athletics (qldathletics.org.au))

#### **QA Shield Meet February 17<sup>th</sup> SAF**

7.10pm 3,000 metres Walk

7.40pm 10,000 metres walk Championships

registration here <https://www.revolutionise.com.au/qldathletics/events/212683/>

### **QMA State Championship**

#### **Saturday 9<sup>th</sup> March QSAC Nathan - SAF**

8.00am M30+ W30+ 5000m Walk

#### **Sunday 10<sup>th</sup> March**

9.00am M/W30+ 1500m Walk

Entries close Thursday 29 Feb 6 pm.

**THIS WILL BE ON-LINE ENTRIES ONLY.**

Members of other QA Clubs (30+) are welcome to enter.

All entrants will need their National Member ID# to enter.

<https://www.revolutionise.com.au/qldmastersathletics/events/224723>

## **Track Season 2024**

### **QA State Championships March 14-17<sup>th</sup> SAF Main Track**

Entries close at 9.00am on Monday the 4<sup>th</sup> of March.

There are **NO LATE ENTRIES.**

[127th Queensland Athletics Championships - Queensland Athletics - revolutioniseSPORT](http://127th Queensland Athletics Championships - Queensland Athletics - revolutioniseSPORT)

#### **Saturday March 16<sup>th</sup>**

8:30am 3000m Walk Finals U13 - U16 Female

9:00am 3000m Walk Finals U13 - U16 Male

**Sunday March 17<sup>th</sup>**

8:30am 5,000m Walk Final U17/U18 Female

8:30am 5,000m Walk Final U17/U18 Female

## **QMA 2024 Calendar**

**10th February 2024**

8.10 3000m Run/Walk **QMA State Championships**

9.40 1500m Run/Walk

**17th February 2024 Saturday**

8.10 3000m Run/Walk

**24th February 2024 Saturday**

9.00 1500m run/walk

**25th February 2024 Sunday**

8.15 3000m Run/Walk

9.30 800m Run/Walk

**Saturday 9th March**

8.00am M30+ W30+ 5000m Walk **QMA State Championship**

**Sunday 10th March**

9.00am M/W30+ 1500m Walk **QMA State Championship**

**24th March 2024**

8.00 3000m Run / Race Walk

# **QRWC 2024 ROAD WALK SEASON DRAFT ONLY**

MONTH	DATE	EVENT	VENUE
<b>February</b>	10	QMA 3,000 Metres Championships	SAF
	11	AA 20KM & Age Road Walk C/Ships	Adelaide SA
	17	QA 10,000 metres Track C/ships	SAF
<b>March</b>	3		
	9-10	QMA Track Championships	SAF
	14-17	QA Track Championships	Main Track QSAC
	22-24	QLAA State Championships	QSAC
	29 -1	AMA National Championships	Hobart
	31	<b>Easter Sunday</b>	
<b>April</b>	7	QRWC Sign On Meet /AGM	
	11-19	AA U14-Open Track Championships	Adelaide SA
	14		
	21	QRWC Handicap Meet 1	
	28	QRWC Handicap Meet 2	
<b>May</b>	5	Gold Coast Championships	
	12	<b>Mother's Day</b>	<b>No club competition</b>
	19	QRWC Handicap Meet 4	TBA
	26	QRWC Handicap Meet 5	TBC
<b>June</b>	2	QRWC Handicap Meet 6	TBA
	9	<b>LBG Federation Meet</b>	<b>Mt Stromlo Canberra</b>
	16	QRWC Handicap Meet 7	TBA

	23		QRWC Handicap Meet 8	TBA
	30		QRWC Handicap Meet 9	
July	7		<b>Gold Coast Marathon</b>	<b>Southport</b>
	14		RWA Postal Challenge	TBC
	21		QRWC Track Championships	TBC
	28		QRWC Handicap Meet 10	TBC
August	3	Saturday	<b>QA Road Walk Championships</b>	<b>TBC</b>
	11			
	18		QRWC Club Championships	TBC
	25		<b>2<sup>ND</sup> RWA Federation Meet</b>	<b>Melbourne</b>
September	1		<b>Father's Day</b>	
	8		Relay /BBQ/ Presentation Day	Sandgate Lagoon
November	3			
	10		Pan Pac Masters 10km Road Walk	Runaway Bay



Tasmanian Masters Athletics is excited to announce that the Australian Masters Athletics National Track and Field Championship will be held in Hobart, Tasmania in 2024.

**Registrations Now Open** [Register - amahobart2024.com.au](http://amahobart2024.com.au)

**Final entries Close** - Sunday 29 February 2024 at 9pm

**No late entries can be accepted under any circumstances.**

**Venue:** Domain Athletic Centre

**Walk Schedule**

Friday March 29<sup>th</sup> 1,500 metres

Saturday March 30<sup>th</sup> 5,000 metres

Monday April 1<sup>st</sup> 10km Road Walk

For more information go to [amahobart2024.com.au](http://amahobart2024.com.au)



**Walks Programme**

**Thursday April 11<sup>th</sup>**

9.00am 10000m Race Walk U20 Men

9.00am 10000m Race Walk Open Men

6.00pm 10000m Race Walk U20 Women



6.00pm 10000m Race Walk Open Women

**Tuesday, 16 April**

9.10am 5000m Race Walk U17 Men

9.10am 5000m Race Walk U18 Men

10.45am 5000m Race Walk U17 Women

10.45am 5000m Race Walk U18 Women

**Wednesday, 17 April**

1.50pm 3000m Race Walk U14 Men

1.50pm 3000m Race Walk U14 Women

4.45pm 3000m Race Walk U15 Men

4.45pm 3000m Race Walk U16 Men

**Thursday, 18 April**

10.30am 3000m Race Walk U15 Women

10.30am 3000m Race Walk U16 Women



RACE WALKING  
AUSTRALIA

AUSTRALIAN FEDERATION  
OF RACE WALKING CLUBS

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The QRWC is a member of the Australian Federation of Race-Walking clubs and there are two annual Federation Carnivals you are all encouraged to support.

If you are able to travel interstate in 2024 to compete mark these in your calendar.

**1<sup>st</sup> Federation Carnival**

Sunday 9<sup>th</sup> June 2024 Stromlo Forest Park, Canberra

57<sup>th</sup> Annual Lake Burley Griffin Walking Carnival

**2<sup>nd</sup> Federation Carnival**

Sunday, August 25<sup>th</sup>, 2024. Melbourne

Race Walking Australia Winter Championships

Events from U10's to Masters

No details have been released but historically Federation carnivals present awards for individual, teams and handicap performances

**2024 AMA 20km championships**

**Update from George White Secretary SA Masters Athletics Inc**

*I have decided to go with Sunday August 25<sup>th</sup> for this years AMA 20km walk championship. This date is when Victoria is hosting the National Open 20km event and is also the date of the 20km Walk at the World Championships in Gothenburg. This will allow anyone entering the Open event or the World Champs to also enter the AMA event as a postal entry. While we encourage everyone else to come to Adelaide for the event, we acknowledge that some cannot travel and I hope that all other states/territories will organise their 20km event on the same day. However, if this is not possible then in the two weeks prior and the two weeks following the 25<sup>th</sup> August, i.e. between Sat 10<sup>th</sup> August and Sunday 8<sup>th</sup> September.*

WORLD ATHLETICS  
RACE WALKING TEAM  
CHAMPIONSHIPS  
ANTALYA24

**Antalya, Turkey April 21<sup>st</sup> 2024**

This will be the second time that Turkey has hosted a World Athletics Series event, following the 2012 World Athletics Indoor Championships, held in Istanbul. Some 500 athletes from 50 countries are expected to compete in Antalya next year in what will be a qualifying event for the Paris Olympic Games.



## QRWC to host 10km Road Walk at the 2024 Pan Pacific Masters Games

[Pan Pacific Masters Games](#)

### REGISTRATIONS OPEN 1 MARCH 2024 (9AM QLD)

The venue will be the Luke Harrop Cycle Circuit, Oxley Drive, Biggera Waters (behind the Runaway Bay athletics track).

**DATE CONFIRMED Sunday 10 November 7:00am start**

Age is determined as at race day / Minimum age for competition is 30 years

Age Divisions 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

The track and field competition is as scheduled below (most likely the 5,000 metres on the Friday and the 3,000 metres on the Saturday)

Friday 8 November estimated start time 9 am

Saturday 9 November estimated start time 10:30 am

Sunday 10 November estimated start time 10:30 am

### WORLD ATHLETICS RACE WALKING TOUR 2024

**11 FEB 2024** OCEANIAN & AUSTRALIAN 20KM RACE WALKING CHAMPIONSHIPS  
ADELAIDE AUS

**24 FEB 2024** SPANISH OPEN 20KM CHAMPIONSHIPS ZARAGOZA ESP

**03 MAR 2024** CHINESE RACE WALKING GRAND PRIX TAICANG CHN

**09 MAR 2024** MARATHON RACE WALK MIXED RELAY TAICANG CHN

**16 MAR 2024** 43RD DUDINSKA 50 DUDINCE SVK

**06 APR 2024** 92ND PODĚBRADY WALKING PODĚBRADY CZE

**05 MAY 2024** 3RD KORZENIOWSKI RACE WALKING CUP WARSZAWA POL

**11 MAY 2024** 31ST GRANDE PRÉMIO INTERNACIONAL DE RIO MAIOR EM MARCHA ATLÉTICA RIO MAIOR POR

**18 MAY 2024** XXXVII GRAN PREMIO CANTONES DE A CORUNA DE MARCHA LA CORUÑA ESP

**25 MAY 2024** ZÁHORÁCKA DVADSIATKA BORSKY MIKULÁS SVK

**06 OCT 2024** III GRAN PREMIO INTERNACIONAL FINETWORK MADRID MARCHA MADRID ESP

**26 OCT 2024** LUSATIAN INTERNATIONAL RACE-WALKING MEETING ZITTAU GER

## OLYMPIAD PARIS 2024

### Walks Schedule

Thursday August 1<sup>st</sup> 7:30am 20km Race Walk Men

9:20am 20km Race Walk Women

Wednesday August 7<sup>th</sup> Marathon Race Walk Mixed Relay with 25 teams, each comprising one male and one female athlete, who will complete in four legs of approximately equal distance. Each athlete will complete two legs of just over 10km each, alternating male, female, male, female.

Note that, in Paris, there will be a cut off time of 3h20m and teams who have not completed the marathon distance will be classified at the position at which they cross the finish line after the cut-off time.

## QRWC MEMBERSHIP 2023/24

Qld Racewalking Club is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at QA meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' (QA) membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership. More information can be found at <https://cdn.revolutionise.com.au/site/qqmoo3oyiea1blrd.pdf>

Of course, for those athletes not wishing to compete at or represent QRWC at QA events, QRWC will retain the current membership options whereby only the QRWC club fee (ie. \$15 Student/\$25 Non-Student) will apply. This membership can be taken out at any time prior to the start of the QRWC winter season in April 2024.

All QRWC memberships taken out from this point onwards, irrespective of whether a QA membership is also included, will remain valid until September 2024 and will cover the traditional QRWC winter racewalking season.

	\$15.00	Students
<b>Membership</b>	\$25.00	non-students
<b>Fee:</b>	*club fee on top of Qld Athletics membership (Base \$12, Gold \$110, Platinum \$220)	

**All our committee members, coaches, officials and volunteers are urged to register with QA for \$0 and to please check that your Blue Card is valid.**

**Our Volunteers – We need you to**

For all our road walk and track meets we need the help of our members to set up and run the meets in a safe and organised manner. Please feel free to offer your services whether it be as a judge, timekeeper, setting out the course or helping to pack up. All assistance is greatly appreciated. We especially need lap scorers. If you would like to help out, please talk to any member of the Committee.

Everyone who helps out to run our events are volunteers who freely give up their time so that our athletes can race. Please treat them with respect and appreciation at all times and offer to assist them whenever possible. Without judges, timekeepers and lapscorers we don't have a race walk competition we just have a walk and no matter how fast you go your result will not be official or accepted for qualifying purposes. Judges are there to ensure no one gets an unfair advantage and to assist the athletes. If you get a caution or a report, use it as a learning experience. Find out what you have done wrong from the judge and talk to your coach to see if you need to correct your technique. If you do nothing and just blame the judges, then you will never learn or get ahead in the sport.

## **Queensland Athletics Member Protection Policy**

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

**You can read the full policy here**

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

**All our members, whether an athlete, coach, volunteer official or a parent should be aware of their obligations and responsibilities under these policies.**

### **Who this Policy Applies To**

This policy applies to the following, whether they are in a paid or unpaid/voluntary capacity:

- Parents, guardians, spectators and sponsors to the full extent that is possible.
- Individuals appointed or elected to boards, commissions, committees and sub-committees;
- Employees and volunteers; • Support personnel (e.g. managers, physiotherapists, psychologists, masseurs, sport trainers, etc);
- Coaches and assistant coaches (whether or not they are accredited)
- Athletes, coaches, officials and any other personnel participating in any teams, events and activities, including camps and training sessions, conducted or sanctioned by Queensland Athletics • Referees, judges and other officials.
- Members, including life members.
- Member associations and each of its members, including life members.
- Affiliated clubs and associated bodies of Queensland Athletics;
- Peak associations and other State bodies engaged in any form of athletics.
- Any other person or body that is a member of or affiliated to Queensland Athletics.

### **Code Of Conduct/Behaviour Queensland**

Athletics requires every individual and body bound by this policy to: QA Member Protection Policy – July 2015

- 4.1 Be ethical, fair and honest in all their dealings with other people and Queensland Athletics;
- 4.2 Treat all persons with respect and courtesy and have proper regard for their dignity, rights and obligations;
- 4.3 Always place the safety and welfare of children above other considerations;

- 4.4 Comply with Queensland Athletics', Athletics Australia's, the IAAF's, the National and International Olympic and Paralympic Committees' constitution, rules and policies including this Policy;
- 4.5 Operate within the rules and spirit of the sport;
- 4.6 Comply with all relevant Australian laws (federal and State), particularly anti-discrimination and child protection laws;
- 4.7 Be responsible and accountable for their conduct; and
- 4.8 Abide by the relevant specific Codes of Conduct referred to in Part B of this Policy.

## **Racewalking Queensland Management Committee 2023/24**

**President:** P Bennett

**Vice President.** J-R McRoberts

**Secretary:** N. McKinven

**Treasurer** P Sela/N McKinven

**Committee:** Shane Pearson, Joanne McRoberts, John McRoberts, Jas Blackburn, Megan Housden, Ignacio Jimenez

**Patrons:** Patrick & Maxine Sela

**Registrar:** S Dale / C Chadwick

**Handicapper** A Guevara / N McKinven

**Uniforms:** S Dale

**Publicity / Media** D Sibenaler

**Results** R Wales / N McKinven

**Newsletter Editor:** P. Bennett

**Equipment Officer.** Stephanie McCure plus Ignacio Jimenez & Noela McKinven

**Canteen Convenor.** Vacant, but to be by roster.

**Club Captains:** Jasmine-Rose McRoberts / Sam McCure

## **Race Walk Coaching**

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 2

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 1

Katya Martin Level 1

### **Contact emails:**

[grwc1@optusnet.com.au](mailto:grwc1@optusnet.com.au) Membership, coaching or general enquiries about the club

[racewalkqld@outlook.com](mailto:racewalkqld@outlook.com) Articles for the newsletter, to send in results, to join newsletter mailing list.

### **About us ....**

*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to [www.rwa.org.au](http://www.rwa.org.au)

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>